# **Treatment Plan**

# Diagnosis:

# Risk Factor:

# Environmental Supports:

# Current Assessment Scores/Level of Care:

# If treatment plan varies from the recommended level of care, explain rational for current level of care:

# Problem # 1:

# Goal:

# Target date:

# Intervention/Frequency: (BHP, TCM, Medical, Natural Resources)

# Problem # 2:

# Goal:

# Target date:

# Intervention/Frequency: (BHP, TCM, Medical, Natural Resources)

# Problem # 3:

# Goal:

# Target date:

# Intervention/Frequency: (BHP, TCM, Medical, Natural Resources)

# Medication Therapy ADHD medications require a follow up appointment 30 days after the start of medication and two follow up appointments in the following nine months. Psychotherapy must be provided 90 days prior to referral for an antipsychotic unless diagnosis is schizophrenia, bipolar or a psychotic disorder. All clients receiving psychotropic medications should be regularly monitored by a physician. [Click here for medication list.](https://www.transformationsllc.net/wp-content/uploads/2020/01/Medication-List-for-ADHD-and-Antipsychotics.docx)

# Medication/dosage/prescriber name/start date/dates of follow-up appointments

Targeted Case Management provider/interventions/start date/target dates

Community Support Associate provider/interventions/start date/target dates

Regulation skills:

Crisis coping skills:

Interpersonal skills:

Daily living skills:

Skills for self-monitoring of symptoms and side effects**:**

Managing medication and follow up appointments:

Other:

# Crisis Plan or Relapse Prevention Plan with Steps

# Next Treatment Plan Review Date:

# Discharge and Aftercare Plan:

# Client and/or guardian participation and response to the Plan:

# ADHD medication List

Amphetamine-dextroamphetamine

Brand names: Adderoll, Adderoll SR, Mydasis, Dexedrine, Zenzedi, Procentra, Dextrostat

Dexmethylphenidate

Brand names: Focalin, Focalin RX

Dextroamphetamine

Brand names: Dexedrine

Lisdexamfetamine

Brand names: Vyvanse, Elvanse, SAmexid, Tyvense, Venvanse

Methylphenidate

Brand names: Ritalin, Concerta, Medikinet, Adaphen. Addwoze. Artige. Attemta. Cognil,Equasym, Inspirqal, Methylin, Penid, Propliper, Tradea,

Methamphetamine

Brand names: Desoxyn, Methedrine

Clonidine

Brand names: Catapres, Kapvay, Nexidlon and more

Buanfacine

Brand names: Tenex, Estulic, Intoniv

Atomoxetine

Brand names: Straterra

# Antipsychotic Medications

Aripiprazole, Asenapine, Brexpiprazole, Cariprazine, Clozapine, Haloperidol, Iloperidone, Loxapine, Lurisadone, Nolindone, Olanzapine, Paliperidone, Primozide, Queiapine, Quetiiapine fumarate, Riseridone, Ziprasidone, Chlorpromazine, Fluephenaine, Perphenazine,Prochlorperazine, Thioridazine, Trifluoperazine, Thiothixene, and more.

# Metabolic Monitoring

Diabetes and medical monitoring should be included on the treatment plan for Children and Adults who are diagnosed with diabetes.

Diabetes medical monitoring should also be included on the treatment plan for Children and Adults who are being treated with an antipsychotic medication even if they are not diagnosed with diabetes as it is a risk factor.

Any client, adult or child, receiving an antidepressant should be medically monitored for side effects on the client’s health. Include this on your treatment plan.

Patients 6 to12 years of age diagnosed with ADHD and prescribed medication should have at least four follow-up visits within a 10 month period ( 3 with in a 9month period). One visit must be within 30 days of the initial prescription.

All clients discharged from a psychiatric or chemical dependency hospital must be seen for therapy within 7 days of discharge.

It is your responsibility to make sure your client has scheduled and kept their follow-up appointments. The MCOs are monitoring us for these details.